

FRESH OIL - TIME FOR AN OIL CHANGE

Brad Driedger

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John 6:35

Jesus replied, "I am the bread of life. Whoever comes to me will never be hungry again. Whoever believes in me will never be thirsty.

Areas we may need a spiritual oil change:

1. Oil Change in My Heart – From Bitterness to Forgiveness.

"Bitterness will eat you alive. It's a parasite that feeds on your soul. – Max Lucado

Colossians 3:13 (NLT)

Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others.

FORGIVENESS IS NOT JUST ABOUT "GETTING OVER IT" - IT'S ABOUT HEALING

Acrid bitterness inevitably seeps into the lives of people who harbor grudges and suppress anger, and bitterness is always a poison. It keeps your pain alive instead of letting you deal with it and get beyond it. Bitterness sentences you to relive the hurt over and over. – Lee Strobel

Matthew 6:14–15 (NLT)

"If you forgive those who sin against you, your heavenly Father will forgive you. ¹⁵ But if you refuse to forgive others, your Father will not forgive your sins.

2. Oil Change in My Mind – From Lies to Truth

Psalms 103:3–4 (NLT)

He forgives all my sins and heals all my diseases. ⁴ He redeems me from death and crowns me with love and tender mercies.

1 Corinthians 15:9 (NLT)

"I am the least of all the apostles, and I am not worthy to be called an apostle after the way I persecuted the church of God."

Philippians 3:13-14 (NLT)

“... I am focusing all my energies on this one thing: Forgetting the past and looking forward to what lies ahead,
¹⁴ I strain to reach the end of the race and receive the prize for which God, through Christ Jesus, is calling us up to heaven.”

3. Oil Change in My Identity – From Self-Sufficiency to Grace

God knows our limitations and uses them to invite us to experience His power

2 Corinthians 12:8-9 (NLT)

Three different times I begged the Lord to take it away. ⁹ Each time he said, “My grace is all you need. My power works best in weakness.” So now I am glad to boast about my weaknesses, so that the power of Christ can work through me.

FEAR IS A FUNCTION OF FORGETFULNESS

4. Oil Change in My Spirit – From Control to Surrender

“Hold everything in your hands lightly, otherwise it hurts when God pries your fingers open.” – Corrie Ten Boom

Proverbs 3:5-6 (NLT)

Trust in the LORD with all your heart; do not depend on your own understanding. ⁶ Seek his will in all you do, and he will show you which path to take.

“The reason why many are still troubled, still seeking, still making little forward progress is because they haven’t yet come to the end of themselves. We’re still trying to give orders, and interfering with God’s work within us.”
– A.W. Tozer

5. Oil Change in My Walk – From Sin to Holiness

Ephesians 4:30 (NLT)

And do not bring sorrow to God’s Holy Spirit by the way you live. Remember, he has identified you as his own, guaranteeing that you will be saved on the day of redemption.

“Sin is treason against a perfectly pure Sovereign. It is an act of supreme ingratitude toward the One to whom we owe everything.” – R.C. Sproul

Acts 3:19-20 (NLT)

Now repent of your sins and turn to God, so that your sins may be wiped away. ²⁰ Then times of refreshment will come from the presence of the Lord...